

**ST. PETERBURG OGASH REGIONAL (RUSSIA)
SUBCOMMITTEE (CHAIRMAN PROF. VALERY ABRAMCHENKO)**

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Gestosis severity assessment scale

Probated and worked out by INTERNATIONAL EXPERT
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CORRESPONDENT-MEMBER OF OGASH BOARD

Points	Edema	Protein in urine	Systolic arterial pressure	Diastolic arterial pressure	
0	none	None	Less 120	Less 180	Optimal arterial pressure
1	Pathological weight increase	Repeated protein sights	Less 130	Less 85	Normal arterial pressure
2	External, lightly seen	Less 1% - 3%	130-139	85-89	Increased normal arterial pressure
3	External, seen	Less or equal 1%	140-159	90-99	1 st grade H-Gestosis (light hypertension). 1 st grade Gestosis
4	Generalized	Less or equal 2% - less 3%	160-179	100-109	2 nd grade H-Gestosis (moderate hypertension). 2 nd grade Gestosis
5	Generalized	Less 3%	Less or equal 180	Less or equal 110	3 rd grade H-Gestosis (severe hypertension). 3 rd grade Gestosis.
6	Generalized	Less 3%	Less or equal 180	Less or equal 110	3 rd grade H-Gestosis (severe hypertension). Imminent eclampsia and subjective signs*

- **Subjective signs: light headache, 1st grade angiopathy of retina (1 point), moderate headache, 2nd grade angiopathy of retina (2 points), severe headache, disfunction of vision correlated to 3rd grade angiopathy of retina, epigastric aches, nausea, vomiting (3 points).**

Comments:

1. Isolated systolic hypertension: systolic arterial pressure more or equal 140 mm Hg, diastolic arterial pressure less 90 mm Hg.
2. If systolic and diastolic pressure belong to different categories, the highest category is given.
3. According to the sum of the points a light form of Gestosis (1 to 12 points), moderate Gestosis (13 to 16 points), severe form of Gestosis (17 to 26 points) are distinguished.