Based on the traditional health-keeping formula from Taoist of Mao Mountain

Owing to the modern fine and over-cooked food and less daily sport or activities, people are easy to suffer from constipation, particularly for those over fifty. Based on the traditional health-keeping formula from Taoist of Mao Mountain, Benefit Anti-constipation Tea is manufactured with modern science and technology and the ingredients of which contains none of hormone and chemical compounds.

It can expel heat in the body and remove pathogen, dissipate and eliminate food stagnation, and is able to help enhancing the gastro-intestinal function, improving appetite, adjusting the internal environment and protecting gastric mucosa. For all kinds of constipation with cased as intractable, habitual, senile, pregnant, obstetrical, infantile, non-breast-feeding, physiologically dysfunctional constipation, bowel movement would be resumed within 24 hours after taking the tea. This traditional Chinese Medicine (TCM) practitioners have used each ingredients of the recipe for hundreds of years without any side effect when applied in appropriate circumstances.

**[Composition]**
Green tea, Cocos poria, Ademphora, Common yam rhizome, Cassia seed

**[Healthy functions]**
Anti-constipation

**[Dosage and Usage]**
Put 1 bag into a cup and pour with boiling water and drink it hot after soaking for 3-10 minutes. three times a day. 2.5g for adult daily.

**[Suitable group]**
People suffering from constipation

**[Notes]**
This tea is not a substitute of medicine.

**[Storage]**
Store in a dry & cool place.

**[Shelf life]**
24 months

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**BULLETIN**

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